

TNUSS VOICES

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NEWSLETTER

VOICES

WHERE WORDS CONNECT WORLDS



From imaginative decorations to exciting attractions and delicious treats, the TNUSS Open House offered something unique for everyone to discover and enjoy.

WHAT'S INSIDE:

- ◆ 24th Open House
- ◆ Global Learning
- ◆ Culture Crossroads
- ◆ TNUSS Voices Podcast S2E7
- ◆ Creative Spotlight
- ◆ Test Your Global IQ



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TNUSS Open House Unveiling What We Couldn't See

This year's TNUSS Open House welcomed visitors into a world of imagination and surprises under the theme **“What We Couldn't See”** inspired by the classic fairy tale Hansel and Gretel. The school came alive with creative attractions, collaborative artwork, delicious treats, and lively performances. Many visitors, including parents, alumni, prospective students, and their families, joined the festivities and enjoyed the vibrant atmosphere.

Form 5 students, the main leaders of the event, did a wonderful job creating a small paper house surrounded by numerous paper lanterns which brought the world of Hansel and Gretel to life. Another artistic highlight was the recreation of Claude Monet's famous painting Water Lilies, created by assembling grids individually colored by students into one beautiful masterpiece.

Each classroom offered something different, from spooky haunted houses and cozy cafés to thrilling rides and attractions. School clubs added to the excitement with their own activities and performances, giving visitors even more to explore and enjoy.

TNUSS Open House celebrated the enthusiasm, cooperation, and creativity of the entire TNUSS community. Just like the story behind this year's theme, the event reminded everyone that there is often more to discover than meets the eye.

English Public Speaking Competition 2026



Form Winners



What inspires us? What can different countries teach us? How can we solve global problems? These were just some of the ideas explored at the **24th TNUSS Open House English Public Speaking Contest**, where finalists from Forms 1 to 5 shared their thoughts in English.

Reaching the Open House stage took preparation and determination. Students progressed through speaking tests in their Basic or Advanced English classes, homeroom-level competitions, and Form-level competitions. At the Open House, Basic and Advanced finalists competed separately.

The topics reflected the interests and learning goals of each Form:

- Form 1 students spoke about their interests and inspirations.
- Form 2 students introduced famous Australians and explored fascinating topics about Australia ahead of their study tour.
- Form 3 Basic students discussed future jobs in a group conversation, while Advanced students delivered speeches on social issues.
- Form 4 students explored Australian and Japanese life and presented Australian solutions to world problems as they prepared for their overseas trip.
- Form 5 Basic students presented unique celebrations from around the world, while Advanced students took on the challenge of impromptu speeches.

With topics ranging from personal dreams to worldwide issues, the contest showed how English can open the door to new perspectives. It was also a chance for students to challenge themselves, think on their feet, and share their voices with an audience.



Form 1



Basic

- 1-Airi Sonobe
- 2-Sota Iimura
- 3-So Inaba

Advanced

- 1-Sayuri Abe
- 2-Asuka Hoshiyama
- 3-Yuzuki Hirota



Form 2



Basic

- 1-Natsuki Sato
- 2-Manaha Fujiyama
- 3-Miki Kurosawa

Advanced

- 1-Ryohei Nakasu
- 2-Airi Ishibashi
- 3-Chihiro Tanno



Form 3



Basic

- 1-Ryota Kiuchi
- 2-Yuzuki Kataoka
- 3-Mio Onomura

Advanced

- 1-Lisa Toyokawa
- 2-Sana Azetaka
- 3-Yuha Sakata



Form 4



Basic

- 1-Rintaro Kuramochi
- 2-Izumi Hojo
- 3-Eimi Nakano

Advanced

- 1-Himari Saito
- 2-Rieko Nishiyama
- 3-Ai Tanaka

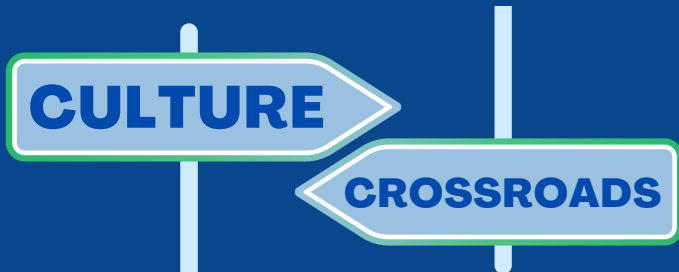


Form 5



Advanced

- 1-Keisuke Tsuge
- 2-Liam Andraus Meglic
- 3-Tomota Omori



The Meaning of "Ginhawa"

By Fatima Logarta

In ancient Philippine folklore, the abdomen is a sacred space where the soul resides, acting as the primary engine that allows humans to breathe. This vital life force is called "ginhawa".

In the Southern Philippines, internal organs are called "ginhawaan", proving that the gut's significance goes far deeper than digestion. Today, ginhawa has evolved to mean comfort and happiness. Because the stomach is so paramount, feeding someone is the ultimate act of care. In fact, the famous Filipino greeting of hospitality, "Kumain ka na ba?" (Have you eaten yet?), practically means "I love you." Furthermore, folk wisdom links stomach sensations directly to emotions. The Tagalog word for stomach is sikmura, and masikmura means "to endure something difficult," proving that emotional processing happens deep within our core.

To understand how vital a connected body is, consider the mythical manananggal. By night, this monster's upper body physically detaches from its lower half and flies away. In Philippine culture, this symbolizes being soulless; separating yourself from your ginhawa means losing your humanity.

Modern stress often turns us into the manananggal when we prioritize overwork and ignore our health, disconnecting our minds from our bodies. This also closely mirrors the Japanese concept of hara (腹), where the belly dictates emotions and decisions. Ultimately, ginhawa reminds us that true wellness requires protecting ourselves by taking care of our bodies. 🇵🇭

Season 2-Episode 7 What is your dream job?

What did you want to be when you were little? And has that dream changed?

In this episode of TNUSS Voices, Sana from Form 5 and Konatsu from Form 2 take on the roles of hosts and talk about their childhood dream jobs, how their interests have changed, and what they would like to do in the future.

The conversation looks back at what inspired their first dreams, when their ideas began to change, and what their dream jobs are now. They also talk about the skills they may need and what they would enjoy about their future careers.

A quick-fire round adds some fun choices, from working indoors or outdoors to working in Japan or another country. The episode ends by looking ahead and asking an interesting question: Could their dream jobs change again in the future?

Tune in to TNUSS Voices and discover the dream jobs of today and tomorrow!



**Listen to the TNUSS Voices Podcast
anytime on the TNUSS website.**



Creative Spotlight

Writing allows students to share personal experiences, express their ideas, and explore important issues. Beyond classroom writing tests, students also develop their ideas through speeches and presentations, using words to communicate messages that matter to them.

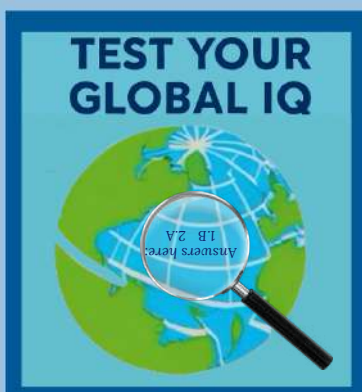
At the 73rd Ibaraki Christian English Speech Contest, Yui Ichikawa (5D) won 1st place in the High School PowerPoint Presentation category with “Global Cooperation for Better Education.” In the Junior High School Speech Contest, Lisa Toyokawa (3B) earned 3rd place with “Take Back Your Time.” At the 45th Nihon University Affiliated Schools Speech Contest, Keisuke Tsuge (5D) placed 4th with “Breaking the Invisible Hierarchy”.

Congratulations to these students on their achievements! Their work shows how writing can turn ideas and experiences into meaningful messages that deserve to be heard.



Try these fun trivia questions!

1. What is the Tagalog term for stomach?
A. sikmura
B. ginhawa
C. kumain
2. In Filipino culture, feeding someone is an act of ____.
A. stress
B. love
C. difficulty



Find the answers hidden in one of the images and see how globally smart you are!